

BREADS Baked every Thursday!

WHITE / \$8.99

Classic white bread, made simply with flour, eggs, oil, and water

THREE CHEESE / \$8.99

Rich, tender, and packed with cheddar, parmesan, and mozzarella

CHALLAH / \$8.99

Rich, eggy, and slightly sweet - our take on the Jewish staple

EGG WHITE CHALLAH / \$8.99

Our Challah, lightened up

OATMEAL / \$8.99

Loaded with certified gluten-free oatmeal and rich molasses

SUPER SEEDED / \$8.99

Peppered with walnuts, sesame seeds, poppy seeds, and a touch of honey

CINNAMON RAISIN / \$8.99

An aromatic loaf studded with raisins

BAGELS Fresh every Saturday!

PLAIN / \$1.99 | 1/2 DOZ - \$11.50The bagel that started it all

SWEET / \$1.99 | 1/2 DOZ - \$11.50 Cinnamon Raisin, Honey Oat, weekly sweet specials

SAVORY / \$1.99 | 1/2 DOZ - \$11.50 Cheddar, Everything, Sesame Seed, weekly savory specials

ROLLS

TAKE N' BAKE / \$8.49

Frozen dinner rolls you bake yourself! Available in Plain (8), Garlic (6), and Cheddar (6)

SANDWICH ROLLS/ 6PK - \$8.99

Classic white rolls made for hearty sandwiches

Updated: July 16, 2021

BAKERY MENU



MUFFINS

BLACK FOREST / \$3.25

Dairy-free - A mingling of tart cherries and rich chocolate

BLUEBERRY / \$3.25

Bursting with blueberries under a crunchy sugar top

CITRUS POPPY SEED / \$3.25

Dairy-free - Overflowing with citrus and crunchy poppy seeds, topped with a zesty glaze

MORNING GLORY / \$3.25

Dairy-free - A healthful mix of apples, carrots, coconut, orange, walnuts, and cinnamon

PUMPKIN CHOCOLATE CHIP / \$3.25

Dairy-free - Tender, lightly spiced, and loaded with chocolate chips

RASPBERRY WHITE CHOCOLATE / \$3.25

Tangy raspberries with sweet white chocolate under a streusel top

SOUR CREAM COFFEE CAKE / \$3.25

Classic coffee cake in muffin form;

Available with and without walnuts

SEASONAL / \$3.25

Apple Spice, Strawberry Lemonade, Orange Cranberry, and more!

MUFFINS (CONT.)

CINNAMON SUGAR DONUT MUFFINS / 4PK - \$4.99

An old-fashioned donut made mini and rolled in cinnamon sugar

MAPLE-GLAZED DONUT MUFFINS / 4PK - \$4.99

An old-fashioned donut made mini and covered in a maple-glaze

SCONES

MAPLE OAT / \$3.25

Hearty oat scone topped with maple frosting

SAVORY / \$3.25

Sun-dried tomato and cheddar, red pepper parmesan, and seasonal specials

BAKERY MENU



COOKIES

CHOCOLATE CHIP / \$2.39

VEGAN CHOCOLATE CHIP / \$2.50Egg- and dairy-free

GINGER CRINKLE / \$2.39
Dairy-free

OATMEAL RAISIN / \$2.39

PEANUT BUTTER / \$2.39

PEANUT BUTTER
CHOCOLATE CHIP / \$2.39

TOFFEE ALMOND
CHOCOLATE CHIP / \$2.39

DECORATED SUGAR COOKIES / \$3.50 | 6PK - \$21Hand-decorated with royal icing

BARS

BROWNIES / \$3.25

Dairy-free - Fudgy, decadent and studded with chocolate chips

BROWNIES W/PEANUT BUTTER FROSTING/ \$3.95

Dairy-free

LEMON BARS / \$4.25

RASPBERRY BARS / \$4.25

ALMOND TEA CAKES / \$4.25

BAR SPECIALS / \$4.25

Millionaire bars, Fudgy Meltaway bars, Cheesecake bars

CAKES & CUPCAKES

CARROT CAKE SLICES / \$4.25

Our best seller! Moist spiced carrot cake with cream cheese frosting

CUSTOM CAKES / Ask for an order form!
Birthday to wedding cakes and all
that's in between!

CUPCAKES / \$3.25 | 6PK - \$19.50

COFFEE CAKE / \$38 Seasonal 9" sour cream coffee cake, with or without nuts

PUMPKIN ROLL / \$35 Seasonal Moist, spicy, and filled with a light cream cheese filling

BAKERY MENU



PIES Made to order

All pies, except for Key Lime, can be made dairy-free upon request.

CLASSIC / 6" - \$12 | 9" - \$25 Apple, Blueberry, Raspberry, Mixed Berry

CREAM / 6" - \$12 | 9" - \$25

Chocolate Cream, Coconut Cream; also available in ginger and chocolate chip cookie crusts

SEASONAL / 6" - \$12 | 9" - \$25 Pumpkin, Lemon Meringue, Key Lime

NUTS / 6" - \$15 | 9" - \$30 Pecan, Maple Pecan

TAKE N' BAKE PIE CRUSTS / \$7.50 Butter or dairy-free, 9"

SPECIAL SWEETS

STICKY BUNS / Every Saturday! **\$4.96 | 4PK - \$19.85** Classic or with walnuts

CREAM PUFFS / \$4.95 Every Saturday! Delicate pastry filled with cream

WHOOPIE PIES / MINI - \$2.50 | LARGE - \$3.85 Seasonal
Our take on a New England tradition

GRANOLA / 1 LB - \$8.59 | 2 LB - \$16

Our special mix of gluten-free oats, seeds, and honey

PIZZA CRUSTS

PIZZA CRUSTS / 10" 2PK - \$6.49 | 10" 5PK - \$15.75 | 12" 2PK - \$8.79 | 12" 5PK - \$21

Classic: Par-baked flatbread crust so good you'll wonder if they're really gluten-free

Vegan: Our classic par-backed crusts made dairy- and egg-free

BAKERY MENU



OUR STORY

WE'RE LOIS & SARAH, THE MOTHER-DAUGHTER DUO AT WEST MEADOW FARM BAKERY.

We were both diagnosed with celiac disease over 20-years ago. We quickly discovered how challenging it was to find tasty food you can eat in a world full of gluten, so we decided to create our own.

After three years of trial-and-error, Lois opened up our home kitchen to bake gluten-free for others in 2003. Hearing customers say that "you'd never know this was gluten-free," we moved into our first commercial space in 2009. Ten years later, we opened our current bakery at 4 Carmichael Street in Essex Junction, Vermont. You'll find us most days behind the counter, baking, refining new recipes, and discovering new ways to help others live healthy, gluten-free lives.

FLOUR

GLUTEN-FREE ALL-PURPOSE FLOUR BLEND / 5 LBS - \$16

The flour blend that started it all, developed in-house to replace wheat-AP flour cup-for-cup

GLUTEN-FREE BREAD FLOUR BLEND / 5 LBS - \$16

Developed as a cup-for-cup replacement for wheat bread flours, offering the added structure bread bakers need

ALLERGY-FRIENDLY BAKING

We can make a selection of our bake goods dairy-free, vegan, and refined-sugar-free! Ask to make a special order.

BAKERY MENU